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A Note About the First Printing: The first printing of Forks Over Knives The Cookbook contained some minor errors. We are now shipping only corrected editions, but some copies already in circulation may require an errata slip.

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Asian Veggie Wraps Plant Based Vegan Recipe

Her recipes have been published in The Prevent and Reverse Heart Disease Cookbook, Forks Over Knives The Cookbook, Forks Over Knives: The Plant-Based Way to Health, and LA Yoga magazine online. Chef Darshana has catered numerous events, served as a private chef and regularly holds individual and group cooking classes. Visit

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